

Dear Commuter,

PLEASE read the following and call us if you have any questions:

1. CHECK-IN: Please check in during the last half hour of registration (2:00-2:30pm). You will be asked to pay a \$10 cash key deposit at check in for a card key. This card key will give you access to the exterior doors of the dorms where you will be able to go to rest during your free time. Your \$10 deposit will be returned at the end of the week at check out when you hand in your card key. Be sure to eat lunch at home on the first day before you come to check in. Your first meal at camp will be dinner on registration day.

2. AFTER CHECK-IN: Please come prepared to play on the **first day** and to stay **on the first day until 9:30pm**. You will need soccer shoes, shinguards, a ball, towel, and sneakers (no high-tops) to wear in the cafeteria and for training. You will also need a tote bag for this equipment, sunscreen, and a clean shirt and shorts.

3. ARRIVAL IN THE MORNING: Before you leave on the first day of camp, your coach will give you a hand-out telling you EXACTLY WHERE AND WHEN to meet him the next morning. You will meet your coach in a designated area outside the dormitory in the mornings, **NOT AT THE FIELD**. Normal arrival time is approximately 8:00am. (At check-in you will receive a map which shows the location of the dorms).

4. DEPARTURE IN THE EVENING: You will be picked up at 9:00pm (except on the first day, when pick up is 9:30) at the gate that is near the concession stand at the main soccer stadium. If it rains, you will be picked up at 9:00 at the camp office - (2A-209). The person picking you up will have to sign you out each day.

5. DEPARTURE ON THE LAST DAY OF CAMP: All commuters will be ready to check out after their game on the last day of camp, usually between 10:00 and 11:00am. They will check out at the field. When a commuter turns in his card key at this time, his \$10 key deposit will be returned.

6. MEALS: Lunch and dinner are provided for all commuters. The first meal at camp is dinner on the first day, so be sure to eat lunch at home before you come to registration.

7. STORING YOUR CLOTHES AND VALUABLES DURING THE DAY: You will be "buddied up" with another player who will be assigned by your coach. You will be able to use your buddy's room during the rest times. You can also use the Commons Rooms in the dormitories as a rest area. Do not leave valuables in the Commons Rooms - you can check them in with the camp office. IF YOU HAVE ANY PROBLEMS AT ANY TIME, PLEASE CHECK WITH THE CAMP OFFICE (location of camp office will be posted). Lost and Found, emergency phone, etc. will be located in the camp office.

8. Health Form: You cannot play unless we have your health form on file. One is enclosed with this mailing if we still need a health form from you. Please bring the form to check-in with you - do not

mail it at this late date. Thank you!